

## Keystrokes for All Screen Readers

| Keystroke          | Purpose                                                                                                                                                |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tab / Shift + Tab  | Go to next/previous focusable item (link, button, input, etc.)                                                                                         |
| Enter              | Activate link                                                                                                                                          |
| Enter or Space bar | Activate button                                                                                                                                        |
| Arrow keys         | Navigate within <select> lists, and some types of custom ARIA widgets, e.g. tablists, application menus, tree views, etc. (if they're coded correctly) |

## NVDA + Firefox (Windows)

| Keystroke                  | Purpose                                                                                                                    |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------|
| Control + Alt + N          | Turn NVDA on                                                                                                               |
| Control                    | Stop talking                                                                                                               |
| Down arrow                 | Read next item                                                                                                             |
| Insert + Down arrow        | Read continuously from this point on                                                                                       |
| H                          | Go to next heading                                                                                                         |
| D                          | Go to next landmark                                                                                                        |
| Insert + F7                | Show list of links, headings, and landmarks                                                                                |
| T                          | Go to next table                                                                                                           |
| Control + Alt + Arrow keys | Navigate table cells                                                                                                       |
| Shift + (H, D, T, etc.)    | Go to previous (heading, landmark, table, etc.)                                                                            |
| Insert + Space bar         | Toggle between focus mode (for forms and custom ARIA/JavaScript widgets) and browse mode (for reading/navigating normally) |
| Insert + Q                 | Turn NVDA off                                                                                                              |

## JAWS + Internet Explorer (Windows)

| Keystroke                  | Purpose                                                    |
|----------------------------|------------------------------------------------------------|
| Control                    | Stop talking                                               |
| Down arrow                 | Read next item                                             |
| Insert + Down arrow        | Read continuously from this point on                       |
| H                          | Go to next heading                                         |
| R                          | Go to next landmark (region)                               |
| Q                          | Go to the main content landmark                            |
| Insert + F6                | Show list of headings                                      |
| Insert + F3                | Show list of buttons, frames, graphics, lists, links, etc. |
| T                          | Go to next table                                           |
| Control + Alt + Arrow keys | Navigate table cells                                       |
| Shift + (H, R, T, etc.)    | Go to previous (heading, landmark, table, etc.)            |

## VoiceOver + Safari (Mac)

| Keystroke                                         | Purpose                                                                 |
|---------------------------------------------------|-------------------------------------------------------------------------|
| Command + F5                                      | Turn on/off                                                             |
| Control                                           | Stop talking                                                            |
| Control + Option + U                              | Show Rotor (navigate with arrow keys)                                   |
| Control + Option + Right/Left arrow               | Read next/previous item                                                 |
| Control + Option + Command + H                    | Go to next heading                                                      |
| Control + Option + Command + T                    | Go to next table                                                        |
| Control + Option + Arrow keys                     | Navigate table cells                                                    |
| Shift + Control + Option + Command + (H, T, etc.) | Go to previous (heading, table, etc.)                                   |
| Control + Option + Shift + Down/Up arrow          | Go into/out of objects (like iframes, menus, application regions, etc.) |